



# MOTHER TERESA CATHOLIC PRIMARY SCHOOL

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## NEWSLETTER

August 10<sup>th</sup> 2020

*"Love is the fruit in season at all times, and within the reach of every hand".*

*Mother Teresa*

### **To All In Our Learning Community,**

*While we remain socially distanced from each other we remain connected through our membership of the Mother Teresa PS community and practically through the technologies available to us.*

*We are aware of a number of families who are struggling with illness during this time. Sadly we are also aware of families that have lost loved one during this time. Our prayers and thoughts are with these families acknowledging the challenge of loss at any time, but particaurly at this time.*

*We also acknowledge the anxiety that this pandemic is causing in families and children. We encourage families to access our webpage for resource links should you need additional assistance or to contact the school. Today's newsletter has some references that may be helpful.*

#### **Silent Scream**

*Loving Lord,*

*I'm in a strange mood.  
A tumble of emotions.  
Out of control.  
And I don't like it.  
There's massive frustration.  
And it's growing.  
I feel 'blocked'.  
Silently screaming.*

*Touch me with insight,  
to notice the roots of my pain...  
Touch me with courage,  
to be able to face into  
all that has to be undergone.  
Give me balance,  
a sense of proportion,  
and a conviction  
that all, in the end,  
shall be well.*

*Amen*

*From The Times Books of Prayers, edited by  
Ruth Glenhill (London: Cassell), 1997, p.94*



*"Give me a balance, a sense of proportion and a conviction that all, in the end, shall be well"*

*Stay at home – Stay well*

*Kind regards*

**Chris**

### **This Week's Happenings**

**Monday 10<sup>th</sup> August**

*Remote learning for Foundation to Year 6  
Professional learning – Mathematics F -2*

**Tuesday 11<sup>th</sup> August**

**Wednesday 12<sup>th</sup> August**

*Parish Principals' meeting  
Cultural Aides meeting*

*Professional Learning - Administration and Organisation*

**Thursday 13<sup>th</sup> August**

**Friday 14<sup>th</sup> August**

## ***Reduced Staff onsite***

As part of our required response to Stage 4 restriction there are a reduced number of staff onsite. If you require assistance please call the school or alternatively contact your teacher contact/s.

## ***Mental Health and Wellbeing***

### ***Psychological Care ~ Increased support for Victorians***

We are all responding to this Crisis differently. The amount of sessions that are now available to Victorians to receive Psychological care has increased to 20. You can access this care through contacting your local GP. Your GP will then provide a referral which can be used to access 20 sessions of psychological care through Medicare. Support for access to Multicultural mental health services can be accessed through <https://embracementalhealth.org.au/translated-content>

Embrace  
<https://vtmh.org.au/>

Victorian transcultural Mental Health

### ***Wellbeing resources***

A number of resources have been placed in our webpage that may support families. Please take a moment to check this out. Thank you to Vicki our school counsellor and Margaret Canny our Diversity leader for preparing these.

<https://www.motherteresa.catholic.edu.au/mental-health-resource-for-children-and-parents/>

### ***Lightening the lockdown load a free webinar for parents in Victoria ~ Wednesday 19<sup>th</sup> August, 8pm***

Lockdown is hard. It huts kids and it's a drain on parents. The first time was tricky. There were challenges. For some, it was horrible. But most of us managed ok and got through it. This time it's difficult. The pressure is higher. The demands are greater. The children are more oppositional. The home learning stretch will be longer. There's work stress, family stress and stress about being stressed!

While we can't click our fingers and make it magically disappear, there are real strategies that parents and children can rely on to not just survive, but thrive – even in a far-too-long lockdown. They're simple ideas that you can start on right away.

Join Dr Justin Coulson, one of Australia's most trusted parenting specialists, as he shares 4 secrets to make it through the pain of the winter COVID-19 Victorian lockdown. By the end of this FREE webinar, you'll:

- Feel reassured, with less stress and pressure around your kids, their schooling and life
- Have concrete strategies you can start on immediately to make your family happier
- Know how to be on the same page as your partner
- Be able to develop habits and practices that will ensure your children – and YOU – can get daily work done, while everyone is stuck at home.

**[CLICK HERE TO REGISTER](#)**

## **Contact Teacher details**

You will recall last time during remote learning you received contact from your child's teacher as well as a partner teacher. Team Leaders do not have partner teachers. Please see below the contact details for staff.

### **Foundation to Year 2**

Team Leader Miss Erin Smith  
Team Leader Miss Laura Nicol

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Mrs Georgia Mangat  
Partner teacher Mrs Anita John  
Miss Christelle Chayeb  
Partner teacher Mrs Annette Gasbarro  
Miss Loredana De Marco  
Partner teacher Miss Pinar Uluer  
Miss Manisha Willey  
Partner teacher Mrs Nicole Smith  
Miss Vania Sparano  
Partner teacher Mrs Anita Dianellos  
Miss Ebony Caiafa  
Partner teacher Miss Anna Camuglia  
Partner teacher Mrs Louise Hall  
Mrs Melanie Brooks  
Partner teacher Mrs Tina Sabato

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[tina.sabato@motherteresa.catholic.edu.au](mailto:tina.sabato@motherteresa.catholic.edu.au)

### **Year 3 & 4**

Team Leader Mrs Stefanie McNeil

[stefanie.mcneil@motherteresa.catholic.edu.au](mailto:stefanie.mcneil@motherteresa.catholic.edu.au)

Miss Ashley LaPorta  
Partner teacher Mr Patrick Collins  
Miss Joanna Pereira  
Partner teacher Mrs Loretta Allen  
Miss Alycia Marsico  
Partner teacher Mr Rodney Nethercote  
Mr Michael Richardson  
Partner teacher Mr Russell Osborne

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[russell.osborne@motherteresa.catholic.edu.au](mailto:russell.osborne@motherteresa.catholic.edu.au)

### **Year 5/ 6**

Team Leader Miss Michelle Follacchio  
Miss Kirby Fisher  
Partner teacher Mrs Bernadette Jacovidis  
Miss Lauren Zappia  
Partner teacher Mr Bradley Hall  
Miss Melissa Paolino  
Partner teacher Mrs Dilisha Sunnadeniya  
Miss Bianca Angerosa  
Partner teacher Mr Simon Insolia

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[simon.insolia@motherteresa.catholic.edu.au](mailto:simon.insolia@motherteresa.catholic.edu.au)

## **Term Three**

Monday 7<sup>th</sup> September  
Friday 18<sup>th</sup> September

Mother Teresa Feast Day  
Term 3 concludes

# Kolbe Mask Making Project



Would you like to **help** make masks to **support** the needs of our **community**?

During 2020, we have been faced with many new challenges and these challenges have also brought new opportunities to help each other.

In light of the recent Government directive that all people are required to wear masks whilst outside, we are launching The Kolbe Mask Making Project.

We are inviting all members of our community to be involved in this project. Our aim is to make as many masks as we can so that they can be donated to our neighbours, especially those who are providing an essential service in our community as well as for our sick and elderly community members.

Through this act of service to others we will be living out our faith in a tangible way, whilst also having some fun!

## Register your interest:

<https://forms.gle/EHX3ewDTcMQgAKpd8>

For more information contact the College on 8339 3060 or email Robyn Herrera, Manager - Marketing & Admissions [rherrera@kolbecc.catholic.edu.au](mailto:rherrera@kolbecc.catholic.edu.au)

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